

REGULATION 65

GRADUATE DIPLOMA IN SPIRITUAL DIRECTION



Current version with effect from: N/A

Approved by: Council

Approval History: 3 Dec 2014, 26 Apr 2017, 20 Jun 2018

Repealed: 13 Mar 2024, with effect 1 Apr 2024

Transitional note: The information covered in this regulation can now be found in Regulation 11 Awards, Courses and Units, and on the [Graduate Diploma in Spiritual Direction](#) page of the University website

65.1 Admission and Enrolment

65.1.1 A person may apply to the Academic Board to enrol as a candidate for the Graduate Diploma in Spiritual Direction if he or she:

- a) has obtained or is qualified to obtain a Bachelor degree from the University of Divinity or from a university or college recognised by the Academic Board; or
- b) has obtained a Graduate Certificate from the University of Divinity.

65.1.2 Notwithstanding any other provision in this Regulation, the Academic Board may require an applicant to demonstrate fitness for admission by carrying out such work and sitting for such examinations or meeting such other standards as the Academic Board may decide.

65.1.3 An applicant who meets the requirements of the Academic Board may be admitted as a candidate for the Graduate Diploma in Spiritual Direction in a College of the University.

65.1.4 Every candidate for the Graduate Diploma in Spiritual Direction must be enrolled during the period of candidature at a College of the University, and must comply with the requirements of that College and of the University. Candidates may study units offered at other Colleges of the University.

65.1.5 The Academic Board may discontinue the candidature of any person whom it deems to have made unsatisfactory progress.

65.2 Course Structure

65.2.1 The standard full-time duration of the Graduate Diploma in Spiritual Direction is one year. The Graduate Diploma in Spiritual Direction must be completed in not less than one year and not more than three years from the date on which the course is commenced, not including any approved periods of leave of absence, unless the Academic Board decides otherwise.

65.2.2 Every course of study for the Graduate Diploma in Spiritual Direction must consist of 144 points.

65.2.3 The Academic Board must establish course outcomes for the Graduate Diploma in Spiritual Direction.

- 65.2.4 The Academic Board must decide the number and type of units required to complete the course of study and to meet the course outcomes for the Graduate Diploma in Spiritual Direction.
- 65.2.5 No candidate for the Graduate Diploma in Spiritual Direction may enrol in more than 72 points in any one semester, unless the Academic Board decides otherwise.

65.3 Credit

- 65.3.1 The Academic Board may grant credit of up to 72 points towards the Graduate Diploma in Spiritual Direction. The Academic Board may establish specific credit arrangements for the Graduate Diploma in Spiritual Direction. Where credit is granted, the minimum term for completion of the Graduate Diploma in Spiritual Direction is reduced accordingly.

65.4 Award

- 65.4.1 When a candidate has completed the requirements for the Graduate Diploma in Spiritual Direction, the Academic Board may recommend that the award be made to the candidate. A candidate to whom such an award has been made is entitled to use the letters 'GDSD' as a suffix to his or her name.

SCHEDULE TO REGULATION 65**GRADUATE DIPLOMA IN SPIRITUAL DIRECTION**

Current version with effect from: 23 Sep 2023

Approved by: Academic Board

Approval History: 14 Nov 2014, 6 Nov 2015, 15 Sep 2017, 1 Jun 2018, 29 Sep 2021, 16 Sep 2022, 9 Jun 2023, 22 Sep 2023

65.2 Course Structure**65.2.3 Statement of Rationale and Course Outcomes**

The Graduate Diploma in Spiritual Direction provides formation for the ministry of spiritual direction. Students explore the dynamics of Christian spirituality through reflection on their personal experience and integration of this with insights from the literature. Graduates are equipped for the ministry of spiritual direction in the particular tradition.

Graduates of the Graduate Diploma in Spiritual Direction:

1. have knowledge of the history, theory, content and dynamics of the Christian spirituality;
2. have knowledge of the art of spiritual direction, including the necessary dispositions of the spiritual director and key skills required;
3. apply skills of spiritual direction under supervision;
4. apply skills of spiritual direction within a range of contexts including retreats.

65.2.4 The Graduate Diploma in Spiritual Direction consists of 144 points comprised of one of the following programs:**65.2.4.1 Program 1: Wellspring**

Candidates must complete the units:

- a) DS8201W Art of Contemplative Practice
- b) DD8202W Art of Spiritual Companionship I
- c) DD8203W Art of Spiritual Companionship II
- d) A further 24 points of units at postgraduate level

65.2.4.2 Program 2: Siloam

Candidates must complete the units:

- a) DD8701Y: Religious Experience and the Christian Spiritual Tradition
- b) DD8703Y: Personal Awareness and Human Development
- c) DD8705Y: Spiritual Direction Practicum I

- d) DD8702Y: Discernment and the Christian Spiritual Tradition
- e) DD8704Y: Personal Experience of God and Personal Ethics in Spiritual Direction
- f) DD8706Y: Spiritual Direction Practicum II

65.2.4.3 Program 3: Dayspring

Candidates must complete the units:

- a) DD8740Z: Contemplative Stance and Soul Care
- b) CH8740Z: History of Contemplative and Apophatic Spirituality
- c) DD8741Z: Spiritual Direction Praxis I
- d) DD8743Z: Beyond Beginnings of Spiritual Direction 1
- e) DD9743Z: Beyond Beginnings of Spiritual Direction 2
- f) DD8742Z: Spiritual Direction Praxis 2

65.3 Credit

- 65.3.1 Credit may be granted in accordance with the Credit Policy of the Academic Board.