

**REGULATION 48****GRADUATE CERTIFICATE IN TEACHING MEDITATION**

Current version with effect from: 13 May 2021

Approved by: Council

Approval History: 3 Dec 2014, 26 Apr 2017, 20 Jun 2018, 19 June 2019

**48.1 Admission and Enrolment**

- 48.1.1 A person may apply to the Academic Board to enrol as a candidate for the Graduate Certificate in Teaching Meditation if he or she:
- a) has obtained or is qualified to obtain a Bachelor degree from the University of Divinity or from a university or college recognised by the Academic Board; or
  - b) has a minimum of five years of relevant work experience or relevant professional attainment to a standard recognised by the Academic Board.
- 48.1.2 Notwithstanding any other provision in this Regulation, the Academic Board may require an applicant to demonstrate fitness for admission by carrying out such work and sitting for such examinations or meeting such other standards as the Academic Board may decide.
- 48.1.3 An applicant who meets the requirements of the Academic Board may be admitted as a candidate for the Graduate Certificate in Teaching Meditation in a College of the University.
- 48.1.4 Every candidate for the Graduate Certificate in Teaching Meditation must be enrolled during the period of candidature at a College of the University and must comply with the requirements of that College and of the University. Candidates may study units offered at other Colleges of the University.
- 48.1.5 The Academic Board may discontinue the candidature of any person whom it deems to have made unsatisfactory progress.

**48.2 Course Structure**

- 48.2.1 The standard full-time duration of the Graduate Certificate in Teaching Meditation is six months. The Graduate Certificate in Teaching Meditation must be completed in not less than six months and not more than two years from the date on which the course is commenced, not including any approved periods of leave of absence, unless the Academic Board decides otherwise.
- 48.2.2 Every course of study for the Graduate Certificate in Teaching Meditation must consist of 72 points.
- 48.2.3 The Academic Board must establish course outcomes for the Graduate Certificate in Teaching Meditation.
- 48.2.4 The Academic Board must decide the number and type of units required to complete the course of study and to meet the course outcomes for the Graduate Certificate in Teaching Meditation.

48.2.5 No candidate for the Graduate Certificate in Teaching Meditation may enrol in more than 72 points in any one semester, unless the Academic Board decides otherwise.

### **48.3 Credit**

48.3.1 The Academic Board may grant credit of up to 36 points towards the Graduate Certificate in Teaching Meditation. The Academic Board may establish specific credit arrangements for the Graduate Certificate in Teaching Meditation. Where credit is granted, the minimum term for completion of the Graduate Certificate in Teaching Meditation is reduced accordingly.

### **48.4 Award**

48.4.1 When a candidate has completed the requirements for the Graduate Certificate in Teaching Meditation, the Academic Board may recommend that the award be made to the candidate. A candidate to whom such an award has been made is entitled to use the letters 'GCTM' as a suffix to his or her name.

## SCHEDULE TO REGULATION 48

### GRADUATE CERTIFICATE IN TEACHING MEDITATION



Current version with effect from: 1 Jan 2023

Approved by: Academic Board

Approval History: 14 Nov 2014, 6 Nov 2015, 1 Jun 2018, 31 May 2019,  
18 Sep 2020, 25 Nov 2022

## 48.2 Course Structure

### 48.2.3 Statement of Rationale and Course Outcomes

The Graduate Certificate in Teaching Meditation is designed for those seeking to learn the methods and skills of teaching meditation and meditative prayer in a variety of situations including primary and secondary schools, parishes, hospitals and other settings. The course includes the history and practice of meditation and *lectio divina* and provides an opportunity for students to reflect on their own spiritual gifts.

#### Professional Accreditation

The Graduate Certificate in Teaching Meditation is accredited by the Meditation Association of Australia. The Course fulfils the membership requirements for Meditation Australia. Please note that individual applicants for Meditation Australia membership must verify that they have completed a minimum of two years of personal meditation practice.

Graduates of the Graduate Certificate in Teaching Meditation:

1. have knowledge of the practice of meditation and *lectio divina* in the Christian tradition;
2. have knowledge of the relationship between spiritual and psychological factors, and methods for developing them as an integrated whole;
3. have capacity to critically engage with the Christian prayer tradition in relation to the contemporary context including other spiritual traditions and scientific perspectives;
4. apply and assess appropriate models of prayer and meditation in various pastoral contexts;
5. apply and reflect on the communication skills required to lead meditation in a range of contexts.

### 48.2.4 The Graduate Certificate in Teaching Meditation consists of 72 points comprised of:

- a) DS8600C Meditation: The Evolving Tradition
- b) DS9611C Teaching Meditation and Prayer
- c) DS9620C Meditation and Wellbeing

### **48.3 Credit**

48.3.1 Credit may be granted in accordance with the Credit Policy of the Academic Board.